

Off The Couch Family Games



Game #1: Knee Tag

For this game the goal is to tag as many knees as possible in a two minute timer.

Last person with their knee tagged before the timer is out!

Game #2:

Family Knot

Players need to make a human knot by standing

in circle and holding each other's hands.

Next you need to untie the knot without letting each other's hands go.



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